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THE BEATITUDES

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JESUS

Dear friend.

Love is not an emotion but the revelation of God (to use a Christian concept)! This most intimate quality of the unborn mind only manifests itself when the feeling of an offense ends and thus the subjectivation of an object of the space disappears.

The theme of love and compassion was the heartess of our last retreat at Easter. It is always a pleasure for us to see that therapists are interested not only in classical healing procedures, but above all for the timeless quality of the mind.

I see it as my task to combine Eastern and Western wisdom teachings and not rely solely on Buddhism. Many Christians have been able to better understand the teachings of Christ with the Dharma of the Buddha. We should not forget that Christian yogis were limited by the language of their time, or they had no specific terminology of energy channels, winds, and tigars. However, this does not mean that they did not have the experience of one. In addition, there was the risk of persecution, inquisition, and the likelihood of being executed if the statements did not correspond to the official Church teachings.

Next year I will be heading for a Christian retreat in Assisi for the first time. Although I have often given lectures on the doctrine of Jesus, I have also talked about famous Christian mystics such as St. John of the Cross, but so far no meditation retreat with Christian content has been held. I am convinced that this will be an important experience for many people.

If we had to grasp the doctrine of Christ in a text, certainly the mountain preaching would be the essence of his message. Mahatma Gandhi claimed in his autobiography that, if he had not been a Hinduist, he would certainly have become a Christian because of the mountain preaching! Above all the Beatitudes had deeply

touched him:

The Beatitudes (Gospel According to Matthew)

But when he saw the people, he went up a mountain, and sat down; And his disciples came to him. And he opened his mouth, and taught them, saying,

- 1-Blessed are those who are spiritually poor; For the kingdom of heaven is theirs.
- 2-Blessed are those who bear sorrow; For they shall be comforted.
- 3-Blessed are the meek; For they shall possess the earth.
- 4-Blessed are they that hunger and thirst for righteousness; For they shall be filled.
- 5-Blessed are the merciful; For they shall have mercy.
- 6-Blessed are the pure heart; For they will see God.
- 7-Blessed are the peace-loving; For they shall be called children of God.
- 8-Blessed are those who are persecuted for righteousness; For the kingdom of heaven is theirs.
- 9-Blessed are you, when men will rebuke and persecute you for my sake, and speak against you all sorts of evil, if they lie with it. Be merry and confident; It will be amply rewarded to you in heaven. For they have also persecuted the prophets who were before you.

The Beatitudes are the essence of the mountain preaching, which again conceals many treasures. This text has been translated widely over the centuries. However, the essential content of this message remained the same. It is important to understand the language of the time and translate it into a mystical language or Dharma language. To give an example: Blessed are the pure heart; Because they will see God gives a clue to the effortless manifestation or revelation of God within us. This is certainly not a deity outside us. This text also indicates that there are people who can, because of their natural purity, see manifestations from the Sambhogakaya (sphere of bliss), such as Bernadette of Soubirous of Lourdes.

The Dharma Jesus is contained in this text, and the Father is seen as his mantra.

Explanation of the Beatitudes

1-Blessed are the poor in spirit; For the kingdom of heaven is theirs.

You do not have to understand everything to be happy! The best example is children or ordinary people with little or no education. Mental poverty can be viewed on several levels. First of all, the danger of too much knowledge to know God. I am talking about theology, whether Christian or Buddhist. Francis of Assisi has often emphasized the danger of knowledge in his doctrine and thereby proved that the simple mind, free from concepts and dogmas, can experience the essence of God better than the learned mind. We have similar

situations with Milarepa (1040 - 1123), the most famous yogi of Tibet, when one day he is visited by a jealous scholar (Geshe), revealing to him the range of his ignorance of the buddhism. It was exactly the same with Naropa (1016-1008, one of the 84 Mahasiddhas), until he finally met his teacher, Tilopa (988-1069, Indian forefather of the Tibetan Kagyu Buddhism), who was wild and uneducated.

Knowledge (Dharma), which is not accompanied by meditation and social tasks, can very quickly lead to pride and thus closes the gates to knowledge (heavenly kingdom). This text does not exclude theology but shows that non-knowledge is the true method. In the end, all concepts and dogmas have to be thrown overboard, including the myriad definitions of God or explanations of the buddha, which have been absorbed by reading, listening and studying. The gates of heaven open only to innocence!

2 Blessed are those who bear sorrow; For they shall be comforted.

To bear the suffering is for the first time to recognize that all beings suffer from not having what they want, to be afraid to lose what they believe to own and unconsciously suffer through their being arrested. These are the three definitions of suffering, which manifest themselves from ego-liability and separation. The consolation has nothing to do with suffering, but with the recognition that there is no suffering. This text is an introduction to the practice of taking and giving which we call **TONG LEN**, where the suffering of others is inhaled in the form of black air, and when exhaled all the positive qualities of the unborn spirit are exhaled in the form of a white and luminous light All physical as well as spiritual sufferings are displaced.

This Bodhisattva meditation forms the heart of Mahayana and is recommended as a daily practice to recognize the essence of compassion and the nature of true love. Ultimately: the other is you! The same timelessness (divine) that lingers in this form and appears just before you. Like the waves on the ocean of being, we are only short-lived phenomena, worn and deformed from the same water. The suffering of others is, in this sense, your own, too, but the ocean as bearer is to be bestowed with consolation.

3-Blessed are the meek; For they shall possess the earth.

Meekness and patience are very similar qualities, and arise from the mirror-like wisdom. Just as the unborn spirit, like a mirror, reflects all phenomena in itself without being polluted or involved, the phenomena are linked by the karma and are also named according to their composition. The term and the term "body" consists only of a composition of all parts of the body. An insight into the manifestation and linkage that maintains the phenomena provides insight into the history of each individual, and thus gentleness and patience arise. Meekness unfolds from the insight that all phenomena are only reflection images on the surface of timeless being and have no independent and individual existence. Like a mirror, we possess all the phenomena which are manifest in our mind. These are in us and not separate from us - so the earth is ours!

4-Blessed are they that hunger and thirst for righteousness; For they shall be filled.

The righteousness of God is like a mirror. A mirror leaves everything in itself without discriminating. The righteousness of God encompasses the entire manifestation of the visible and the invisible. The essence of God, to use Christian concepts, is to be compared with the surface of a calm mountain. The mountain peaks,

the trees and clouds appear in its essence, without altering its nature. The righteousness of God is free from judgment and causes the phenomena to arise and disappear. We are not used to this kind of justice since we are conditioned on judging and punishing. Has Jesus ever condemned Mary Magdalene? No! For his essence is the manifestation of the **UR-SPRUNG** and exerts undisguised compassion. The man who is lingering in the spirit and is no longer distracted by the deceptive mirage of this world is satisfied. Everything appears in a just way in its essence, hence the fullness.

5-Blessed are the merciful; For they shall have mercy.

The mercy of God arises from the insight that subject, object, and deed are a totality. The mercy of an individual is a cultivated or religious form of forgiveness that will only be effective for a limited time. The forgiveness of an object of the space which has been subjectived is important, but does not give salvation. The waves of the ocean can forgive one another or be "merciful"

Feeling, but true mercy, springs from being and not from the subjective feeling of an offense. Complete forgiveness implies the extinction of individual memories and expectations, which is actually impossible with forgiveness and forgetfulness. Just like, "I forgive your infidelities, and I wish you would be better off in the future." This describes an act in the past with expectations for the future.

Jesus is merciful - but man trapped in his habitual patterns and sensuous reactions, can only forgive or forget for a certain time.

To forget the past is impossible because on the surface of divine being, all phenomena appear at the same moment. The repression of memories or the attempt to events

Forgotten is fundamentally doomed to failure - no matter which therapy or which goal was striven for. We only need to look at ourselves in order to recognize that the past can be called immediately and thus becomes present. The time aspect is deceptive and receives its power from perpetrity. Forgiveness and forgetting are inseparable, as are water and moisture. We forgive or try to forget but this is actually just a temporary solution.

6-Blessed are the pure heart; For they will see God.

The heart center is of great importance in all mystical traditions, since the whole energetic physiology of man and thus the emergence and extinction of our separate individuality has its origin in this. The yogis have described the diamond body (Vajra / Prana body) with great accuracy. The third Karmapa Rangjung Dorjé (1284 - 1339) gave a detailed description of the diamond body in one of his works. Immediately after conception, the heart-center (chakra) is formed, and from there, as in the case of a spider-web, the 72,000 channels of which the body consists. Of this complex structure, three channels are of great importance to the practitioner: the central canal (avadhuti) and the two lateral canals. The aim of all yogas is to guide the dualistic winds that arise out of ego-liability into the central channel in order to experience the inseparability of emptiness and bliss by a fusion of the tigle (essence).

Entering the central canal can be through several doors (chakras - wheels), the yogis prefer the practice of the Tumo (Chandali yoga - mystical heat).

The tantric meditation is always based on the energetic physiology of man, especially on the embryological formation of the diamond body and the natural return of all dualistic winds to the central canal: in deep sleep, in samadhi, or at the time of death.

These are three important situations where the winds naturally move inward to stabilize at the heart level. For the experienced Yogi, who can continue his meditation even at the time of death, the unborn light of the spirit manifests itself in this text as "seeing God".

Purity is not only related to correct behaviors, but above all by the penetration of all winds into the central canal and the subsequent dissolution of any dualistic view. There is a natural manifestation of God, which is described in Buddhism as the clear light of the spirit. This verse can be understood both from the moral as well as from the energy point of view.

7-Blessed are the peace-loving; For they shall be called children of God

"I leave you peace, my peace I give you. I do not give you as the world gives. Let not your heart be afraid, neither be afraid." We should replace the word peace with equanimity in order to understand the true meaning of this statement. Equilibrium is the quiet dwelling in what is IS - free from memory and hope and belongs to the four immeasurable qualities of the spirit, from which love, compassion and happiness unfold. Before we become children of God, a psychological death must occur (crucifixion). People who dwell in being are fearless and have nothing to defend. They want nothing and do not expect anything from their fellow men. Lingering in God is equal to the resurrection - it is a new birth in the kingdom of God. Jesus tried to explain to the Jewish scholar Nikodemus the resurrection in the Spirit of God for one night ("The wind blows where he wants, you hear his roar, but do not know where he comes from and where he goes Is born of the Spirit." (Jn 3: 8) Nikodemus had a great deal of difficulty understanding the rabbi's doctrine, and even wondered if it was possible for man to return to the mother's body to be born again. This passage shows that Nicodemus belonged to the open Pharisees, although he did not understand the esoteric doctrine of Jesus.

A man can only be peaceable out of fearlessness, because there is no longer an ego-feeling and thus no need to defend anything. It is a sign of rebirth in the Spirit of God. Jesus often uses the term God-Cinder and means that those who are reborn in the Spirit of God. These peacemakers are rare and because they are often viewed as political or religious threats, they are quickly eliminated.

Only a person who is no longer arrested can create true peace around him. The others are very hard-working and, in some respects, important, but never reach their goal, because individuality stands in the way.

8-Blessed are those who are persecuted for righteousness; For the kingdom of heaven is theirs.

The persecution of Bodhisattvas and their murder is nothing new and there is evidence of this in all the

religious institutions of the world. The righteous sense of a bodhisattva surpasses the normal, because he acts out of the spirit of God, without being involved as a perpetrator. These people are only putting their social structures out of balance by their presence. An action without resistance and, above all, without expectation, is almost unknown and dangerous in a society in which dependency and addiction constitute the basic structure of the social structure. The actions of Jesus and Buddha are free from intention and unfold from being. Just as an ECHO in the High Mountain has neither beginning nor end, a Jesus acts on the collective need to be cured, but without intention. This is very difficult for us to understand, because we are convinced of being the perpetrators ourselves. Jesus was condemned because he was the Son of God, and he was asked and affirmed. A similar fate was overthrown by the **Sufi Master Mansur Al-Hallaj** (c.858-922), also he was crucified. In this text, Jesus has prophesied the future of many of his disciples.

9-Blessed are you, when men will rebuke and persecute you for my sake, and speak against you all sorts of evil, if they lie with it. Be merry and confident; It will be amply rewarded to you in heaven. For they have also persecuted the prophets who were before you

In this last text, Jesus warns his disciples of the dangers of this world and describes with even greater precision what the eighth verse meant by persecution.

Man is not so quick to abandon his habitual patterns, and rather to remain ignorant than to cross the path of self-knowledge. In the incredible film "Matrix", the traitor's untruths are summed up very impressively in a single sentence: "I know the Matrix is just saying to my brain that this is a steak ... ignorance is a blessing!". He preferred to be reconnected rather than complete his freedom. Many people practice meditation as a *kind of spiritual wellness* and are unaware that such a decision entails consequences and pain. I like to peel an onion as an example to describe the way to perfection. The tears which are shed in the process until, in the end, nothing is left of an I as separate individuality and conditioned beings. This is certainly the reason why the doctrines about the true nature of the mind have always been kept secret. They question religious and political institutions! Jesus had seen everything before and was condemned and crucified because of the revelation of God, through His presence, the completed cures, and the interpretation of His doctrine.

There is certainly much more to be said about these Beatitudes, but here I have already summarized the most important thing on my part. I hope that this text has given you inspiration about the teachings of Christ, and I wish everyone to study Dharma and deepen Jesus with meditation and prayers.

Claude

Assisi, May 2014

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